



Assisted Psychotherapy with equines.

Using the Yaakunah model

This type of intervention is carried out with people who present psychosocial alterations, such as: cognitive problems, attention problems, autonomy problems, self-esteem problems.



Any internal conflict of the person can be worked in the horses sessions.

Personally

Depression

Anxiety

Eating disorders

Insecurity

At the family level

Relationship problems between couples and family

Family Violence

Emotional and Physical abuse

Communication problems

Work level

Communication problems

Leadership problems

Work team conflicts

Productivity and efficiency



YaaKunah