



Ontological coaching with horses

Ontological coaching is a discipline that is based on the change of observer, that is, that transforms us into a being that begins to observe the world in a different way.

By changing the way of seeing the world, ontological coaching becomes a powerful tool to observe our own world from a new perspective, and then discover how we usually relate to others and ourselves to act accordingly.



Coaching or assisted learning with horses, allows real changes in people and organizations, providing tools to achieve the desired goals.

The horse is a master of leadership: it is social in nature and needs to establish clear hierarchies that allow it to have absolute control of the environment, assume leadership or give it to those who can trust.

Relate to the horse will show our ability to trust in ourselves and build trust in others.

From working with horses in freedom, participants will be able to recognize and work on their strengths, weaknesses and tools with which they have to face difficulties of daily life.



Did you know ?

it is also known as:

Transformational Coaching



YaaKunah